

CLEPs, DANTES, PME gets you started, education office helps you to the finish line

By Christina Failma
Kukini Staff Writer

Grades, lectures, homework, and professors are no longer a thing of the past for Hickam Airmen who strive to enhance their lives.

"We give people the chance to go to college. We have just about everything to develop a person educationally and personally," said Education Technician Terry Brown.

With a staff of 10, the education office is able to offer a multitude of services. College Level Examination Program (CLEP), Dante Standardized Subject Tests

(DSST), and Professional Military Education (PME) are three important programs that are geared towards giving you a head start in college. Because they are equivalent to college credits, passing these tests reduces the energy, time and costs that Airmen need to complete their degree.

"We occasionally do videos for the CLEP tests to prepare Airmen," says Brown. "With five different tests, we have five different videos for each. We want to see them succeed."

Aside from furthering education, the education office is also proud to provide their Airmen with services towards getting their edu-

cation started.

Career counseling is available to Airmen that feel they need help evaluating what they want to do with their lives.

"We have specific tests designed to help determine what they want to be. It is even possible for them to get commissioned (an enlisted person can become an officer) into the Air Force if that is what Airmen really want," says Brown.

Tuition assistance is offered for Airmen and their spouses also. The Air Force is willing to help pay for partial or full tuition of accredited colleges and universities.

"Tuition assistance is one of the top reasons why people choose to enlist or re-enlist in the Air Force in the first place," said Flora Wood, Base Training and Education Services Team Chief.

There are a total of seven out-of state and local Hawaii colleges and universities and one school for adults calling the education building home. Anyone interested in going back to school is sure to find the right educational institution for them.

Recently, the education office offered their customers another service that makes their lives a little easier –



Courtesy photo
Terry Brown counsels a student about the Community College of the Air Force at the education center.



Courtesy photo
Constante Jurado explains on-line tuition assistance to a group of students during the education open house Sept. 14.

online tuition assistance. This online service enables students to check their progress from any military computer. That would mean less time driving to the education office and then waiting for the next available education technician.

"With more of our services being offered online, we [the education office] will now be able to take on other jobs around the base to promote education more," said Mrs. Wood.

In the future, the virtual education office is sure to expand with more useful resources, tools, and links.

"We're trying to get our students acquainted with our web site when they come in. That way, they are able to go home and take control of their education instead of always coming to us," said Mr. Brown.

The education office is located in Hangar No. 2 on O'Malley Blvd. just across the Hickam Air Field. For more information about their programs, tuition assistance, or colleges and universities, you can contact them at 448-0920.

Stop the Violence: October recognizes Domestic Violence Awareness Month

Building a culture of change with education, empowerment

By Vanessa de la Cueva
Kukini Staff Writer

October is Domestic Violence Awareness Month and the Hickam Family Life Skills Center asks Air Force members to help stop family violence.

The month evolved from the first Day of Unity observed in October, 1981 by the National Coalition Against Domestic Violence. The intent was to connect the battered women's advocates across the nation who were working to end violence against women and their children. In October 1987, the first Domestic Violence Awareness Month was observed and the first national toll-free hotline was started.

According to the National Coalition Against Domestic Violence, domestic violence can be emotional, physical or sexual and may include neglect. Issues that come into play range from stress, finances and household chores to jealousy or how one spouse addresses the children.

"Domestic violence is a pattern of assaults and controlling behavior that restricts the activity and independence of another individual," said Lorraine Clark, Family Advocacy Outreach Manager. Domestic violence can affect people of all cultures, religions, ages, sexual orientations, educational backgrounds and income levels.

While the specific reasons for domestic abuse seem to run the gamut and for victims it may seem like there is no way out, according to Ms. Clark, it's treatable and there are many avenues to help.

"While its scope can seem overwhelming, the good news is domestic violence is a solvable problem," said the family advocacy outreach manager. "Each of us can take important steps by educating ourselves and our peers, and ensuring domestic violence is never tolerated, never excused."

People involved in or suspecting a domestic violence case should call the family advocacy clinic, security forces or Air Force One Source to report the situation. A crisis hotline, 533-7125, is manned 24-hours a day, everyday. Also available is the Victim Witness Kokua Services at 547-7400/7401.

For more information about domestic violence, call the Family Advocacy Clinic at 449-0175.

Violence facts

Fact: One in four American Women report that they have been physically abused by a husband or boyfriend at some point in their lives.

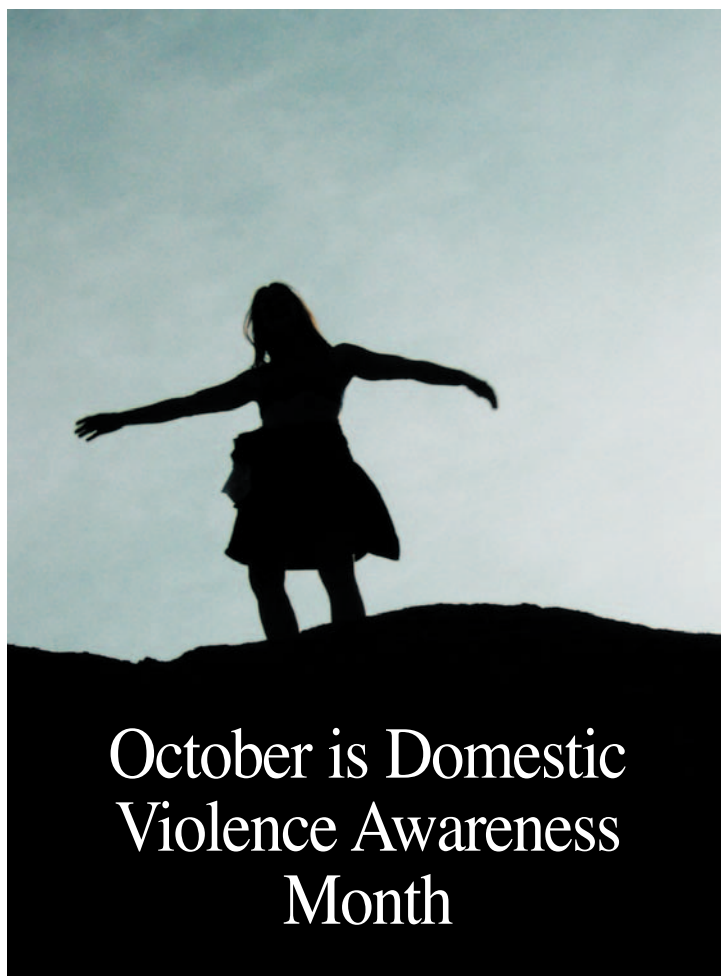
Fact: Thirty percent of Americans say they know a woman who has been physically abused by her husband or boyfriend in the past year.

Fact: Women of all races are about equally vulnerable to violence by an intimate partner.

Another place people can call is the Domestic Violence Clearinghouse and Legal Hotline at 534-0040 or visit www.stoptheviolence.org.

In loving memory of those who lost their lives to domestic violence there will be a candlelight vigil Oct. 19, from 5 - 7 p.m. at the Kawaihae Church, 957 Punchbowl Street.

For more information, contact Ana Marig at the Hawaii State Coalition Against Domestic Violence, 808-832-9316 ext. 103.



AT THE MOVIES

Memorial Theater 449-2239 • CLOSED Monday and Tuesday
Friday, Saturday and Thursday at 7 p.m.

MARCH OF THE PENGUINS – Emperor penguins overcome daunting obstacles in order to return to their breeding grounds for mating season. This tells the story of one year in the life of a flock – focusing on one couple in particular – as they trek across the Antarctic on an annual journey that invokes just about every major life experience, from birth to death, from dating to mating, from comedy to tragedy, and from love to fighting for survival. Narrated by Morgan Freeman. Rated G.



Sunday and Wednesday at 7 p.m.

THE 40-YEAR OLD VIRGIN – Forty-year-old Andy has done quite a few things in his life. He’s got a cushy job stamping invoices at an electronics superstore, a nice apartment with a proud collection of action figures and comic books, good friends, a nice attitude. But there’s just one little thing he hasn’t quite gotten around to doing yet – something most people have done by his age. Andy’s never, ever, ever had sex. His friends at the store consider it their duty to help, but nothing proves effective enough until he meets Trish, a 40-year-old mother of three. Andy’s friends are psyched by the possibility that “it” may finally happen ...until they hear that Andy and Trish have begun their relationship based on a mutual no-sex policy. Starring Steve Carell and Catherine Keener. Rated R (sexual content, language, drug use).



Crossword Puzzle: Hispanics in uniform

By Capt. Tony Wickman
Alaskan Command Public Affairs
Hispanics in Uniform

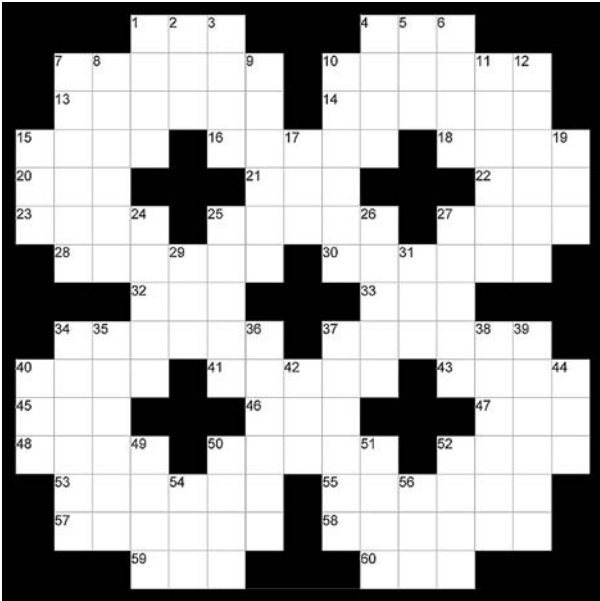
ACROSS

- 1. Southern state, in short
- 4. Mandible
- 7. Briefcase
- 10. Chests
- 13. Bickered
- 14. Cloister
- 15. Killer whale
- 16. Cognizant
- 18. Leg joint
- 20. Tiger Woods' org.
- 21. Model Carol
- 22. German city
- 23. Map maker ____-McNally
- 25. More parched
- 27. Prehistoric stone or metal tool; chisel, ax head
- 28. Burned
- 30. Cheerfully
- 32. Large tub
- 33. USAF restricted area badge grade category
- 34. Undercoat, in painting
- 37. Economize
- 40. Dry
- 41. Cowboy competition
- 43. BG ____ R. Esteves; first Puerto Rican West Point graduate
- 45. Gun the engine
- 46. Prohibit
- 47. Sen. counterpart
- 48. Civil War icon John Lincoln ____; Drummer Boy of

- Chickamauga
- 50. USA Capt. Euripides ____; Vietnam-era MoH recipient
- 52. Printing measurement
- 53. Eye parts
- 55. Passport
- 57. Hammer
- 58. Bar seats
- 59. Popeye's girl Olive
- 60. Approves, in short

DOWN

- 1. Aquatic, eukaryotic, photosynthetic organism
- 2. Charlie's Angels actress Lucy
- 3. On a ship
- 4. Pvt. ____ P. Martinez; first WWII Hispanic MoH recipient
- 5. Burn residue
- 6. Grind
- 7. USMC Maj. Jay R. ____, Jr.; Vietnam-era MoH recipient
- 8. Ancient
- 9. ____Hidalgo; first Hispanic SECNAV (1979)
- 10. Trade
- 11. Capt. ____ J. Fernandez; USAF aerial ace (14.5 kills-Korea)
- 12. Odorous
- 15. USAF officer eval
- 17. Boxing legend
- 19. Medic, in short
- 24. Hispanic ____ G. Farragut; first Admiral of the U.S. Navy



- 25. Dissuade
- 26. USA Warrant Officer Louis R. ____; Vietnam-era MoH recipient
- 27. Courteous
- 29. Sign of Aries
- 31. Title for male officer
- 34. Early round, as in a tournament
- 35. Adm. Horacio ____; first Hispanic four-star USN admiral
- 36. Fit
- 37. Sequence
- 38. American writer Rukeyser; The Gates (1944)
- 39. Slices
- 40. Circle part
- 42. Clump
- 44. Health resort
- 49. Venus de ____
- 50. Fishing gear need
- 51. Atop
- 52. Experts
- 54. Cunning
- 56. Alaska town

See solution, B4

Team Hickam History: The Air Force’s most historic airfield

October 9, 1939 – The 50th Reconnaissance Squadron (Heavy) was assigned to Hickam Field. A little over two years later, on December 7, 1941, the 50 RS lost seven men killed in action and 14 wounded in action during the Japanese attack.

October 9, 1943 – The 65th Airlift Squadron (then the 65th Troop Carrier Squadron) was stationed at Nadzab, New Guinea.



October 13, 1950 – Enroute to his famous meeting with General Douglas MacArthur at Wake Island, President Harry S. Truman stopped at Hickam AFB. Traveling with the President was General of the Army Omar N. Bradley, Chairman, Joint Chiefs of Staff. At Hickam they were met by Admiral Arthur W. Radford, Commander in Chief, Pacific, and Colonel Manning E. Tillery, 1500th Air Transport Wing commander. The official party conducted an inspection

tour of both Hickam and Wheeler, as well as other military installations on Oahu, before leaving for Wake Island the next day.

October 11, 1954 – The 15th Operations Support Squadron (then-15th Communications Squadron, Operations) was stationed at Evreux Air Base, France.

October 8, 1955 – The 6486th Air Base Group, along with the 6486th Maintenance and Support Group, was assigned to Hickam Air Force Base. The 6486 ABG preceded the 15 Air Base Wing as Hickam host unit.

October 12, 1966 - The 535th Troop Carrier Squadron, Medium, is redesignated as the 535th Troop Carrier Squadron and activated the same day.

October 5 through 7, 1994 – More than 1,400 Bangladesh soldiers transited Hickam AFB, Hawaii, on their way to Haiti as part of a United Nations peace-keeping force.

Korean assignment program improves

RANDOLPH AIR FORCE BASE, Texas – Recent policy changes to the Korea Assignment Incentive Pay Program enable Airmen to apply for the program before or after their arrival in South Korea.

The KAIP authorizes \$300 monthly payments to Airmen who sign a written agreement to serve the prescribed tour length in South Korea plus an additional 12 months.

Previously, Airmen were

required to accept or decline the program prior to their permanent change of station departure from their current base. Now, Airmen who decline the KAIP prior to their PCS move may still accept a KAIP tour after their arrival in South Korea. If applying after arrival, they may do so at any time prior to entering their Date Eligible for Return from Overseas forecast window that starts on the first day of the 10th month prior to

their DEROS from South Korea.

Airmen who accept the KAIP before PCSing to Korea are ineligible to apply for a follow-on or home-basing assignment. Likewise, Airmen who arrive in South Korea with either a follow-on or home-basing assignment will lose that assignment if they elect to participate in KAIP. If eligible, they may still request one of the following extension programs: the Overseas

Tour Extension Incentive Program; an In-place Consecutive Overseas Tour; a subsequent DEROS extension; or another KAIP tour for the same tour length.

For more information on this program, visit the Air Force Personnel Center’s assignment procedures Web site at <http://www.afpc.randolph.af.mil/procedures>. KAIP information is linked under Hot and/or New Topics.

Air Force named executive agent for Katrina relief

**By Staff Sgt.
C. Todd Lopez**
Air Force Print News

WASHINGTON – In a recent memorandum, defense officials named the Air Force as the executive agent for Hurricane Katrina funding.

As the executive agent, Air Force officials will ensure services within the Department of Defense are reimbursed for expenses incurred while providing Hurricane Katrina relief support, said John Vonglis, acting assistant secretary of the Air Force for financial management and comptroller.

“It is financial management oversight for the reimbursable phase of Katrina,” Mr. Vonglis said. “When we do work as a department for the benefit of the victims of Katrina, we have to get reimbursed for it. (We) would then have to seek out those funds from the Federal Emergency Management Agency or the Department of Homeland Security, or whoever is going to provide those funds.

“When FEMA tasks a DOD organization to perform a mission, reimbursable agreements need to put in place, costs tracked and FEMA must be billed,” Mr. Vonglis added. “As executive agent we are ensuring those processes are in place and sound financial practices are followed.

“We are mostly trying to act as a clearing house for the departments that go through one focal point, and that focal point is the Air Force,” Mr. Vonglis said.

It is expected that the Air Force, as executive agent, will recoup as much as \$1.6 billion back into the DOD.



Jane Conroy
Human Resources Specialist



civilian employees. Civilian Personnel is the only all civilian flight and when we have Commander's Call or other group functions, civilians are made to feel that we are an integral part of "Team Hickam."

If I could change one thing about Hickam, it would be: Nothing! I have been at Hickam for almost 23 years and it just keeps getting better and better!

What her supervisor has to say: Jane is the Platinum standard for all PACAF Employee Development Managers. Her can do attitude coupled with her technical expertise simply makes her the "GO TO" person to make civilian training happen at Hickam. During the recent Office of Personnel Management (OPM) evaluation, her maximum use of limited training funds and creative solutions to training needs were singled out as a noteworthy accomplishment. She is simply the best, an unselfish professional dedicated to supporting the Wing mission.

Warren McGillivray
Civilian Personnel Officer

Civilian Personnel rocks because: Our leadership is such that it instills a sense of caring in all of us and our customers reap the benefits.

My job affects all of Hickam in that: By making sure all our supervisors receive the proper training so they can do their jobs more effectively and employees receive the proper training to keep them proficient in their day-to-day duties.

When not at work, I spend my off duty time: Shopping and reading are my favorite pastimes. I think after I retire from Civil Service I want to be a personal shopper. I love sales and I'm always in the market for a good deal!

Something people don't know about the Mission Support Squadron: We have a very diverse work force. Most of our flights are made up of military and

7th Annual

Boofest

October 14 & 15 6:30-90 p.m.

FUN & FREE Activities

Music, Youth Costume Contest, Balloon Clown, mask making, color hair spraying, face & hand painting, temporary tattoos, bouncey castle, Haunted House movies and airbrushed t-shirts (w/your own design).

FREE Costume Contest

Youth 12 & under eligible to enter. Contest held each night on Laha at 7:30 p.m. Prizes awarded to the Spookiest, Funniest, Most Creative & Most Original costume.

We also have lots of tasty snacks, drinks & plenty of goody treats to satisfy your hunger, all at reasonable prices!

BELLOWS

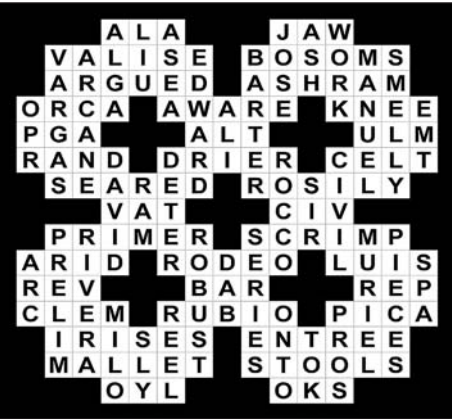
AIR FORCE STATION - HAWAII

THINGS THAT GO BUMP IN THE NIGHT

Experience the haunted woods of Bellows on the Duck of Doom. Reach frightening heights on the Bloody Bungee Trampoline and climb the Rock Wall of Terror!

For more information, call 259-4121 or visit www.bellowsafo.com/boofest05.html

SOLUTIONS, From B2



CHAPEL

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

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| PROTESTANT Nelles Chapel Sunday Contemporary Service 8:30 a.m. Sunday Gospel Worship 11:15 a.m. Sunday Praise Gathering 5:30 p.m. Chapel Center Sunday Traditional 8:30 a.m. | JEWISH Aloha Jewish Chapel, Pearl Harbor 473-0050 Jewish Lay Leader Mr. David Bender 527-5877 Naval Station Chapel 473-3971 | CATHOLIC Nelles Chapel Weekday Mass 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Mass 5 p.m. Chapel Center Sunday Mass 10 a.m. | ISLAMIC Friday Congregational Service (1935 Aleo Place, Punahou) 1 p.m. Muslim Association of Hawaii 947-6263 | BUDDHIST Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple 536-7044 ORTHODOX For more information, call 438-6687 |
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Sports Shorts

Fitness center Holiday hours – The Hickam Fitness Center will be on holiday hours of 9 a.m. to 6 p.m. Monday in observation of Columbus Day and also on Oct. 14 for the Fall Sports Day. Call 448-2214 for additional information.

Sports day Oct. 14 – The Team Hickam Sports Day is Oct. 14 at the Hickam Harbor. Opening Ceremony is at 8 a.m. Events are: 5K Run, Volleyball, Horse-shoes, Paddleboat Race, Kayaking and Tug-O-War. Team entry deadline is Oct. 10. For more information contact the Hickam Sports Office at 448-4640/4639

Fitness center offers reduced personal trainer rates

Hickam fitness center now offers reduced rates for group personal training sessions. Groups consist of two to four people. Rates are \$25/single session or \$130 for 6 sessions per person. Please contact Hickam Fitness Center at 449-1044 for more information.

Diamond Head officials

The association is looking for flag football referees for the upcoming intramural flag football season. No experience required as training will be provided before the season starts. Please contact Darren Jones at 448-1683 if interested.

Hickam Hurricanes in need of Head Coach

The Hickam Hurricanes Swim team is looking for a new head coach. Previous coaching experience is desirable. The team also has an immediate opening for an assistance coach. No previous coaching experience required. Great opportunity to start a coaching career.

For more information, contact Peggy Glasgow at 389-5063 or e-mail Information@HickamHurricanes.com with a current resume.

Running club

Hickam Fitness and Sports Center is recruiting runners of all levels to begin a running club. Advanced participants are needed as volunteers, but all levels are welcome. Monthly discussions will occur including speed work, race etiquette, massage, nutrition, yoga for runners and more.

For more information, contact Susanne Dale at 449-1044.

Hickam Sports – Get your team's news in the Kukini. We are always looking for Sports writers and photographers. Call 449-6662 or e-mail hickam.kukini@hickam.af.mil

Hard work earns fitness title

By Capt. Yvonne Levardi
Kenney Headquarters
Public Affairs

Five months of intense training paid off for a Hickam lieutenant when she recently won Ms. Hawaiian Islands Fitness, Bikini Diva and Model Search.

"Actually, I already felt like I won even before I set foot on stage," said 1st Lt. Lea Newman, Executive Officer, Kenney Headquarters Chief of Staff. "I'm in the best shape of my life! I've learned a lot about myself in the process. Winning this competition is just taking me to that next higher level."

The Hawaiian Islands Natural Bodybuilding & Fitness Championships took place Sept. 24 at Kaimuki High School. Sixteen men and women aged 22 - 45 competed in men's and women's bodybuilding, women's figure, Ms. Fitness, Bikini Diva and Fitness Model Search.

"I've always wanted to try to compete in a Ms. Fitness competition," she said. "After seeing them on television it just felt like that was the epitome of female fitness and the right direction for me."

For the fitness competition, Lieutenant Newman had an evening gown round in which she gave a 30-second speech on her fitness philosophy, a 2-piece bathing suit physique



Photo by Tech. Sgt. Andrew Leonhard

Above: 1st Lt. Lea Newman, Executive Officer, Kenney Headquarters Chief of Staff, works out her abs Tuesday morning at the fitness center. The lieutenant captured the Ms. Hawaiian Islands Fitness title in a recent competition. Right: Lt. Newman, in her evening gown, holds an award plaque for winning the Ms. Fitness title.

round and a 90-second fitness routine in which she had to show her strength, flexibility and cardio endurance. The fitness model search competition had a fitness wear round with fitness philosophy and 2-piece bathing suit physique round. The bikini diva competition had 2-piece and 1-piece bathing suit physique rounds.

"When I first saw a Ms. Fitness competition I was 5' 4" and 160 lbs.," she said. "I put down my fork, got my butt to a gym and started working out."

This was her first competition and now that she's

won, Lieutenant Newman is eligible to compete at larger events such as the Natural Universe Nov. 12 in Los Angeles, the Natural Olympia Nov. 19 in Las Vegas - which she will attend, and Ms. Fitness USA September 2006 in Las Vegas.

"The people going to (Natural Olympia) are really seasoned, world-class athletes," Lieutenant Newman said. "I'm just lucky to be able to compete with them. It will give me some great experience and prepare me for Ms. Fitness USA next September."

To prepare for this com-

petition, she focused on weight and cardio training, and dieting for about five months. But, she said she's been training and working out regularly for about five years and that fitness is a big part of her life for many reasons.

"It's an incredible stress reliever and helps keep me focused," she said. "There are also many health-related issues that run in my family that I can avoid by staying fit."

The lieutenant also enjoys helping others reach their fitness goals.

"I love helping people get fit, and since I started



this I've been able to help many people," she said. "Being a role model for friends and family is great. Many of them have made the decision to get fit now because of what I've been doing."

She said anyone can accomplish what she has.

"No matter what you do, dream big. Not just with fitness but with your whole life," she said. "If you believe it you can achieve it! The old chubby 160-pound me sitting on the couch didn't listen to the naysayers that tried to tell me I could never do it, and look at me now."

Marathoners hanker for new hurdles

By Kirsten Tacker
Kukini Photojournalist

Hickam Sky Warriors love a challenge and two Warriors recently shared a 26-mile journey to savor the sensation of crossing the finish line.

Staff Sgt. Sarah Tooley and Senior Master Sgt. Keith Bollinger took on the Air Force Marathon at Wright Patterson, Ohio on Sept. 17, both overriding one of the most grueling physical activities one can sustain on the human body.

Sergeant Tooley, when she isn't seen covering mile after mile around Hickam, works at the 15th Financial Services assisting people with their financial questions and concerns.

Sergeant Bollinger can be seen running every chance he gets on his lunch break as the Superintendent of Theater Ammunitions Control.

Sergeant Tooley one day decided for her 30th birthday she was going to run a marathon and in her last race at Wright Patterson, she qualified for the Boston Marathon with a time of 3 hours, 39 minutes, .07 seconds.

Sergeant Bollinger ran his first race October 1993 in Denver, Colo. where he "hit the wall" swearing he'd never run again. Twenty races later, he has run in every USAF Marathon since 1997.

Marathons are the "ultimate" goal for many runners, also the longest and most difficult race most runners ever attempt.



Photo by Kirsten Tacker

Keith Bollinger (left), Headquarters PACAF AMMO, and his running buddy Andrew McKinney, Superintendent Munitions Forecasting and Allocations, take a run Tuesday. Bollinger competed in the 2005 USAF Marathon at Wright Patterson AFB, Ohio. He ran his first USAF marathon in 1993 and has not missed one since 1997.

"I told my dad I was going to run a marathon when I turned 30 and he said that sounded like a good idea, so he decided to train for the 2003 Honolulu Marathon also," said Sergeant Tooley. "It is just a challenge and to see how I have improved each time I run, it is so fun and it is a great experience. People are cheering for you and its just another challenge to put down."

She's been running marathons ever since her first in 2003, but Sergeant Bollinger's story doesn't begin that straightforward.

"After my first marathon I swore I'd never do one again because I hit the wall," said Sergeant Bollinger. "At that time I was training to qualify for the Boston Marathon I

was right on schedule at mile 20 and at mile 22 my body shut down and after that I said I am not going to do that again. Then I moved to Texas and some friends got me interested again, so I ran Dallas White Rock."

He chalks it up to poor training and not following anyone's guidance. "I just kind of did it and two weeks before the race I did a 28-mile long run, which you don't do, when you get three weeks prior you start tapering down," said Sergeant Bollinger.

Now he knows better, "You set up a schedule for different types of runs, long run, short run, speed work and then you progressively move up to a higher mileage and then you taper down a

few weeks before the race starts," said Sergeant Bollinger. "You watch what you eat and watch what you drink, hydrate, hydrate, hydrate!"

Sergeant Tooley has a similar approach, "Normally I just get good base miles, I will run around 5-6 miles a day during the week and on the weekend I will do a long run anywhere from 12-20 miles," said Sergeant Tooley. "You just do that every day, you should do at least some speed work or hill work at least once a week."

Although work and personal life may get in the way sometimes, Sergeant Bollinger doesn't like to miss anymore than two consecutive days of running then he says it feels like starting over

from square one.

"He's kind of infectious, he's got one of the guys in the shop now not doing marathons, but he takes him out at lunch time to run," said his boss Gregory Osbun, chief of munitions plans.

His boss isn't sure if it is directly related to his running, "This guy has more energy than anyone I have met in a long time," said Mr. Osbun. "He works more than a full schedule. Running must be good for you."

That is what his wife, Laurie Bollinger says the more he runs the more energy he has.

"This last race at Wright Patterson was really nice too. It was my 20th marathon, but my wife was there at the finish line too," said Sergeant Bollinger.

For Sergeant Tooley at the Wright Patterson Marathon what was great for her was they had pacers, people that run times.

"I just got in a group that would qualify me," said Sergeant Tooley. "I knew going in I wanted to qualify for the Boston Marathon, so I just kept up with my pacer and finished in 3:39:07."

Both confess that if it weren't for the support of their commanders, supervisors and command staff for permissive TDY to run the races, competing in marathons wouldn't be possible.

Marathons are a huge investment and commitment, not only physically, but also mentally and emotionally it can only help to have the support of their co-workers.

Colorado State rams Falcons, 41-23

By Wayne Amann
U.S. Air Force Academy
Public Affairs

FORT COLLINS, Colo. (AFPN) – The only pretty thing about the academy playing Colorado State University Sept. 29 that many Falcon fans saw was the scenery lining the 110-mile drive along I-25 from Colorado Springs, Colo., to here.

Falcon fans who made the trek north to join the crowd of 26,711 fans at Sonny Lubick Field at Hughes Stadium, and those watching on television, hoped to see the bluesuiters rebound after back-to-back losses.

Instead, they saw CSU quarterback, Justin Holland, and CSU running back, Kyle Bell, combine for four second-half touchdowns to turn a 16-13 third quarter-deficit into a decisive 41-23 Mountain West Conference victory for the Rams.

Air Force offense totaled 357 yards, but fumbled on two of its first three plays of the game. Adding to their woes, the Falcons converted only 3 of 14 third-down situations and failed to score on three consecutive second-half drives. This allowed the Rams to take control of the game. CSU wore down the Falcon defense which gave up a season-high 551 yards.

“There’s no excuse,” said Fisher DeBerry, Air Force head coach. “We got a good old (butt) kicking by a better football team tonight. What disappointed me most was we weren’t able to rush the football the way I thought we would. The two early fumbles dictated that. When you trade field goals for touchdowns, it’ll catch up with you.”



Photo by John Van Winkle

Air Force special teamers Aaron Shanor, 50, and Jared Baxley, 26, wrap up Colorado State University kick

Trailing 7-0 on a Bell 1-yard touchdown run in the opening quarter, the Falcons needed 12 plays to travel just 15 yards before settling for a 37-yard Scott Eberle field goal.

Following Air Force cornerback Chris Sutton’s first interception of the season, the Falcon offense drove 58 yards in 11 plays, but once again stalled. Eberle’s 25-yard field goal closed the gap to 7-6.

After a Rams’ punt, Air

Force took 10 plays to march 59 yards before settling for a 30-yard Eberle kick to go ahead 9-7, but its lead was short-lived.

CSU’s Holland needed just 58 seconds on the ensuing possession to cap an 88-yard drive for the Rams with a 27-yard touchdown pass to wide receiver Luke Roberts. He broke out for five receptions and a game-high 123 yards against the Falcons. In three previous games, Roberts caught only

three balls for 35 yards.

Trailing 13-9 at halftime, the Falcons started quickly in the third quarter when running back Chad Hall raced down the right sideline for 43 of his team-high 107 yards on 11 carries. On the next play, running back Chad Smith scored from 30 yards out. Eberle’s extra point gave

Air Force its last scoreboard advantage at 16-13.

Holland answered with touchdown strikes of 19 and 23 yards to the Rams’ leading receiver, David Anderson, giving CSU a 27-16 cushion after three quarters. Anderson caught a game-high seven passes for 105 yards.

Bell, who rushed for a game- and season-high 197 yards on 32 carries, sandwiched fourth-quarter touchdown runs of 30 and 9 yards around Falcon full-back Ryan Williams’ 14-yard touchdown reception from quarterback Shaun Carney.

Despite the loss, Air Force still holds a 24-19-1 all-time lead over their intrastate rival.

That was little consolation, however, to an understandably dejected Air Force locker room. The players held a post-game meeting, conducted by seniors Jon Wilson and Weaver, who afterward said their message was clear.

“We can be as positive as we want,” Weaver said. “But if we don’t take the opportunities we get and make the plays that need to be made, we’re going to have a disappointing season.”

DeBerry put it another way.

“When you lose three games in a row you have to suck it up and regroup,” he said. “We’re fortunate we’ve got two seasons. The second, (the chase for the Commander-In-Chief’s Trophy), starts this week at Navy.”

Air Force has captured 16 CIC Trophy titles compared with Army and Navy taking 13 combined.

With the loss, Air Force falls to 2-3 for the season, and 1-3 in conference play. CSU evened its record to 2-2 overall and 1-0 in the MWC conference.